

Practical Every Day Carry List

By Ultimate Survival Gear (www.ultimatesurvivalgear.com.au)

We all need to be prepared, because you never know! Below are a list of items that could save your life in a disaster or survival situation whether you are at work, home or school. Most are items that you would carry with you everyday anyway such as a mobile phone, wallet, keys, sunglasses, energy bars and water bottle. Many of these items are relatively inexpensive and can be conveniently carried in your pockets, belt, purse and daypack.

In your wallet:

- Personal ID
- Credit Cards
- Cash: \$25 - \$50
- Safety Pin
- Paper Clip
- Small Ferro Rod
- Survival Tool (see the Ian Sinclair CardSharp Credit Card knife and the EON flashlight)

On your person (e.g. belt or pockets) or easily accessible:

- Mobile Phone
- Car Keys (attach a Resqme key chain car escape tool/seatbelt cutter and a mini torch/flashlight)
- Several Energy Bars
- Sunglasses
- Standard Steel Pen or Tactical Pen (like this one.)
- Pocket First Aid Kit
- Folding Knife
- Multitool
- FireSteel or Butane Lighter
- Whistle
- Tactical Torch
- Rite In The Rain Notebook
- Paracord Survival Bracelet

“Get Home Bag” or Day Pack

- Rain Poncho
- 12 Water Purification Tablets
- 1 L (40 oz) Kleen Kanteen water bottle
- Map Compass
- Emergency Radio
- UHF CB Radio
- Sewing Kit
- Pepper Spray (where legal)
- 550 Paracord - Titan Brand
- Survival / Combat Knife
- Survival Blanket
- Leather Work Gloves
- Duct Tape
- Snare Wire
- *SAS Survival Handbook*
- Tactical Bag (to put it all in)